## **CLAIMS:**

1. A method of treating a patient with an acute myocardial infarction comprising:

administering to the patient an effective amount of a formulation comprising an encapsulated agent, wherein the formulation reduces a zone of infarct, thereby minimizing the damage following the acute myocardial infarction.

2. A method of treating a patient with an acute myocardial infarction comprising:

administering to the patient an effective amount of a formulation comprising an embedded agent, wherein the formulation reduces a zone of infarct, thereby minimizing the damage following the acute myocardial infarction.

3. A method of treating a patient with an acute myocardial infarction comprising:

administering to the patient an effective amount of a formulation comprising a particulate agent, wherein the formulation reduces a zone of infarct, thereby minimizing the damage following the acute myocardial infarction.

- 4. The method as in one of claims 1-3, wherein the formulation inhibits blood monocytes or tissue macrophages.
- 5. The method as in one of claims 1-3, wherein the formulation depletes blood monocytes or tissue macrophages.
- 6. The method as in one of claims 1-3, wherein the formulation has a size range of 0.1-1.0 microns.
- 7. The method as in one of claims 1-3, wherein the formulation has a size range of 0.1-0.5 microns.
- 8. The method as in one of claims 1-3, wherein the formulation has a size range of 0.1-0.3 microns.

- 9. The method as in one of claims 1-3, wherein the formulation has a size range of 0.1-0.18 microns.
- 10. The method as in one of claims 1-3, wherein the agent is an intra-cellular inhibitor.
- 11. The method as in one of claims 1-3, wherein the agent is an intra-cellular deactivator.
- 12. The method as in one of claims 1-3, wherein the agent is an intra-cellular arrestor.
- 13. The method as in one of claims 1-3, wherein the agent is an intra-cellular toxin.
- 14. The method as in one of claims 1-3, wherein the agent is a cytostatic substance.
- 15. The method as in one of claims 1-3, wherein the agent is a cytotoxic substance.
- 16. The method as in one of claims 1-3, wherein the formulation can primarily enter a cell via phagocytosis.
- 17. The method as in one of claims 1-3, wherein the agent is a bisphosphonate.
  - 18. The method as in one of claims 1-3, wherein the agent is gallium.
- 19. The method according to claim 17, wherein the bisphosphonate is selected from the group consisting of clodronate, etidronate, tiludronate, pamidronate, alendronate and risendronate.
- 20. The method according to claim 1, wherein the agent is encapsulated in a liposome.

- 21. The method according to claim 2, wherein the agent is embedded in a carrier selected from the group consisting of microparticles, nanoparticles, microspheres, and nanospheres.
- 22. The method according to claim 3, wherein the particulates are selected from the group consisting of aggregates, flocculates, colloids, polymer chains, insoluble salts and insoluble complexes.
- 23. The method according to claim 4, wherein inhibition of said monocytes or macrophages occurs through phagocytosis of the formulation.
- 24. The method according to claim 5, wherein depletion of said monocytes or macrophages occurs through phagocytosis of the formulation.
- 25. A method of treating an acute myocardial infarction followed by myocardial necrosis comprising:

administering to an individual in need thereof an effective amount of a formulation comprising an encapsulated bisphosphonate, thereby minimizing damage resulting from the myocardial necrosis.

- 26. The method according to claim 25, wherein the bisphosphonate is encapsulated in a liposome.
- 27. A method of treating an acute myocardial infarction followed by myocardial necrosis comprising:

administering to an individual in need thereof an effective amount of a formulation comprising an embedded bisphosphonate, thereby minimizing damage resulting from the myocardial necrosis.

- 28. The method according to claim 27, wherein the bisphosphonate is embedded in a carrier selected from the group consisting of microparticles, nanoparticles, microspheres, and nanospheres.
- 29. A method of treating an acute myocardial infarction followed by myocardial necrosis comprising:

administering to an individual in need thereof an effective amount of a formulation comprising a particulate bisphosphonate, thereby minimizing damage resulting from the myocardial necrosis.

- 30. The method according to claim 29, wherein the particulates are selected from the group consisting of aggregates, flocculates, colloids, polymer chains, insoluble salts and insoluble complexes.
- 31. The method according to claims 25, 27 or 29, wherein the formulation inhibits blood monocytes or tissue macrophages.
- 32. The method according to claims 25, 27 or 29, wherein the formulation depletes blood monocytes or tissue macrophages.
- 33. The method according to claim 31, wherein inhibition of said monocytes or macrophages occurs through phagocytosis of the formulation.
- 34. The method according to claim 32, wherein depletion of said monocytes or macrophages occurs through phagocytosis of the formulation.
- 35. The method according to claims 1, 2 or 3, wherein said agent has formula (I):

$$\begin{array}{c|cccc} OH & R_1 & OH \\ & & & | & & | \\ O = & P - C - P = O \\ & & & | & & | \\ OH & R_2 & OH \end{array} \tag{I}$$

wherein R<sub>1</sub> is H, OH or halogen group; and

 $R_2$  is halogen; linear or branched  $C_1$ - $C_{10}$  alkyl or  $C_2$ - $C_{10}$  alkenyl, optionally substituted by heteroaryl or heterocyclyl  $C_1$ - $C_{10}$  alkylamino or  $C_3$ - $C_8$  cycloalkylamino, where the amino may be a primary, secondary or tertiary amine; -NHY where Y is hydrogen,  $C_3$ - $C_8$  cycloalkyl, aryl or heteroaryl; or -SZ, where Z is chlorosubstituted phenyl or pyridinyl.

- 36. The method according to claim 1, 2, 3, 25, 27 or 29, wherein the formulation is administered following an acute myocardial infarction.
- 37. The method according to claim 1, 2, 3, 25, 27 or 29, wherein the formulation is administered during an acute myocardial infarction.
- 38. The method according to claim 1,2, 3, 25, 27 or 29, wherein the formulation is administered prior to the anticipated onset of acute myocardial infarction.
- 39. The method according to claim 1, 2, 3, 25, 27 or 29 wherein the formulation is administered during reperfusion.
- 40. The method according to claim 1, 2, 3, 25, 27 or 29 wherein the formulation is administered prior to or during a procedure where an acute myocardial infarction is probable.
- 41. The method according to claim 40, wherein the procedure is a percutaneous transluminal coronary angioplasty.
- 42. A pharmaceutical composition for the treatment of patients with an acute myocardial infarction, comprising a formulation selected from the group consisting of an encapsulated agent, an embedded agent and a particulate agent, together with a pharmaceutically acceptable carrier, wherein the formulation inhibits blood monocytes or tissue macrophages.
- 43. The pharmaceutical composition according to claim 42, wherein the formulation is together with a diluent.
- 44. The pharmaceutical composition according to claim 42, wherein the formulation is together with a stabilizer.
- 45. The pharmaceutical composition according to claim 42, wherein the agent is an intra-cellular inhibitor.
- 46. The pharmaceutical composition according to claim 42, wherein the agent is an intra-cellular deactivator.

- 47. The pharmaceutical composition according to claim 42, wherein the agent is an intra-cellular arrestor.
- 48. The pharmaceutical composition according to claim 42, wherein the agent is an intra-cellular toxin.
- 49. The pharmaceutical composition according to claim 42, wherein the agent is a cytostatic substance.
- 50. The pharmaceutical composition according to claim 42, wherein the agent is a cytotoxic substance.
- 51. The pharmaceutical composition according to claim 42, wherein the agent is a bisphosphonate.
- 52. The pharmaceutical composition according to claim 42, wherein the agent is encapsulated in a liposome.
- 53. The pharmaceutical composition according to claim 42, wherein the agent is embedded in a carrier selected from the group consisting of microparticles, nanoparticles, microspheres, and nanospheres.
- 54. The pharmaceutical composition according to claim 42, wherein the particulates are selected from the group consisting of aggregates, flocculates, colloids, polymer chains, insoluble salts and insoluble complexes.
- 55. The pharmaceutical composition according to claim 42, in a dosage form suitable for intravenous, intra-arterial, intramuscular or subcutaneous administration.
- 56. The pharmaceutical composition according to claim 51, wherein said bisphosphonate is selected from the group consisting of clodronate, etidronate, tiludronate, pamidronate, alendronate, and risendronate.
- 57. The pharmaceutical composition according to claim 42, in a unit dosage amount effective for the treatment of acute myocardial infarction.

- 58. The pharmaceutical composition according to claim 42, wherein the composition is administered following an acute myocardial infarction.
- 59. The pharmaceutical composition according to claim 42, wherein the composition is administered during an acute myocardial infarction.
- 60. The pharmaceutical composition according to claim 42, wherein the composition is administered prior to the onset of an acute myocardial infarction.
- 61. The pharmaceutical composition according to claim 42, wherein the composition is administered during reperfusion.
- 62. The pharmaceutical composition according to claim 42, wherein the composition is administered prior to or during a procedure where an acute myocardial infarction is probable.
- 63. The pharmaceutical composition according to claim 62, wherein the procedure is a percutaneous transluminal coronary angioplasty.
- 64. A method of reducing the zone of infarct following acute myocardial infarction comprising:

administering to an individual in need thereof an effective amount of a formulation comprising an encapsulated bisphosphonate.

- 65. The method according to claim 64, wherein the bisphosphonate is encapsulated in a liposome.
- 66. A method of reducing the zone of infarct following acute myocardial infarction comprising:

administering to an individual in need thereof an effective amount of a formulation comprising an embedded bisphosphonate.

67. The method according to claim 66, wherein the bisphosphonate is embedded in a carrier selected from the group consisting of microparticles, nanoparticles, microspheres, and nanospheres.

68. A method of reducing the zone of infarct following acute myocardial infarction comprising:

administering to an individual in need thereof an effective amount of a formulation comprising a particulate bisphosphonate.

69. The method according to claim 68, wherein the particulates are selected from the group consisting of aggregates, flocculates, colloids, polymer chains, insoluble salts and insoluble complexes.